



**Cereal City Classic**

A tradition of excellence

# 2025 Schedule of Events

## FRIDAY

### GYM A (MODIFIED CAPITAL CUP)

Session #1	Level 3/XS
CHECK IN/ GENERAL STRETCH	8:00 AM
INTRODUCTIONS	8:20 AM
TIMED WARM UP	8:30 AM
COMPETITION BEGINS	8:41 AM
AWARDS	11:20 AM

Session #3	Level 3/5
CHECK IN/ GENERAL STRETCH	11:30 AM
INTRODUCTIONS	11:50 AM
TIMED WARM UP	12:00 PM
COMPETITION BEGINS	12:13 PM
AWARDS	3:35 PM

Session #5	Level 4
CHECK IN/ GENERAL STRETCH	3:45 PM
INTRODUCTIONS	4:05 PM
TIMED WARM UP	4:15 PM
COMPETITION BEGINS	4:28 PM
AWARDS	7:50 PM

### GYM B (MODIFIED CAPITAL CUP)

Session #2	Level XG A
CHECK IN/ GENERAL STRETCH	8:00 AM
INTRODUCTIONS	8:20 AM
TIMED WARM UP	8:30 AM
COMPETITION BEGINS	8:38 AM
AWARDS	10:50 AM

Session #4	Level XG B
CHECK IN/ GENERAL STRETCH	11:00 AM
INTRODUCTIONS	11:20 AM
TIMED WARM UP	11:30 AM
COMPETITION BEGINS	11:41 AM
AWARDS	2:30 PM

Session #6	Level XS A
CHECK IN/ GENERAL STRETCH	2:45 PM
INTRODUCTIONS	3:05 PM
TIMED WARM UP	3:15 PM
COMPETITION BEGINS	3:26 PM
AWARDS	6:00 PM

Session #7	Level XS B
CHECK IN/ GENERAL STRETCH	6:15 PM
INTRODUCTIONS	6:35 PM
TIMED WARM UP	6:45 PM
COMPETITION BEGINS	6:55 PM
AWARDS	9:30 PM