

2018 Cereal City Classic Schedule of Events

SATURDAY

Gym A

Modified Capital Cup

Session 8: XCEL GOLD A

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:45am
AWARDS	12:20pm

Session 10: XCEL GOLD B

CHECK IN/GENERAL STRETCH	12:30pm
INTRODUCTIONS	12:50pm
TIMED WARM UP	1:00pm
COMPETITION BEGINS	1:13pm
AWARDS	4:45pm

Session 12: LEVEL 7

CHECK IN/GENERAL STRETCH	5:15pm
INTRODUCTIONS	5:35pm
TIMED WARM UP	5:45pm
COMPETITION BEGINS	6:00pm
AWARDS	9:30pm

Gym B

Modified Capital Cup

Session 9: XCEL PLATINUM

CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:48am
AWARDS	1:00pm

Session 11: LEVEL 8, 9, & 10

CHECK IN/GENERAL STRETCH	1:00pm
INTRODUCTIONS	1:20pm
TIMED WARM UP	1:30pm
COMPETITION BEGINS	1:48pm
AWARDS	5:00pm

Session 13: BOYS LEVEL 7, 8, 9, & 10

CHECK IN/GENERAL STRETCH	6:15pm
INTRODUCTIONS	6:35pm
TIMED WARM UP	6:45pm
COMPETITION BEGINS	7:00pm
AWARDS	10:00pm

